NURSING HOME
Without Walls
TANTRAMAR, NB

NOVEMBER 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 **Gentle Chair Fitness Session** **10:30 to 11:30 a.m.** Scheduled administration and transportation	3 **Full-Service Denture Clinic** with Designer Dentures **9:30 a.m. to 3:30 p.m.** Spaces are limited. Call 506-924-0023. **Caregivers' Support Group** **1:30 to 3:00 p.m.** 110 Main Street Sackville	4 Scheduled meeting, enrolment and home visit	5 **Tea & Talk** **9:30 to 10:45 a.m.** **Wellness Program** **2:00 to 4:00** Bill Johnstone Memorial (BJM) Park building Preregistration required to attend.	6 **Gentle Chair Fitness Session** **10:30 to 11:30 a.m.** Scheduled enrolment and home visit **Drew Quartet ♫** **2:30 to 3:30 p.m.**	7
8	9 Scheduled enrolment and home visit **Gentle Chair Fitness Session** **10:30 to 11:30 a.m.**	10 Scheduled presentation	11  Office closed for Remembrance Day.	12 **Tea & Talk** **9:30 to 10:45 a.m.**	13 **Gentle Chair Fitness Session** **10:30 to 11:30 a.m.** Scheduled transportation, enrolment and home visit	14
15	16 **Gentle Chair Fitness Session** **10:30 to 11:30 a.m.**	17 **Age-Friendly Community Focus Group #3** **1:00 to 3:00 p.m.** Dorchester Veterans' Community Centre 4955 Main St Dorchester **Caregivers' Support Group** with Dr. Odette Gould **"An Introduction to the Brain and Dementia"** **1:30 to 3:00 p.m.** 110 Main Street Sackville	18 **Storytelling Workshop Series** 8 sessions with Kurtis Kitagawa and Jane Edey Wood **1:30 to 3:30 p.m.** BJM Park building RSVP: 506-688-4688	19 **Tea & Talk** **9:30 to 10:45 a.m.** **Canadian Dental Care Plan (CDCP) Renewal Clinic** with Chloe Savoie **Drop in from 12:30 to 4:00 p.m.** Parsons Lounge at 165 Main Street	20 **Gentle Chair Fitness Session** **10:30 to 11:30 a.m.** Scheduled home visit and enrolment	21
22	23 **Gentle Chair Fitness Session** **10:30 to 11:30 a.m.** Scheduled home visit and system navigation	24 *** **Lunch & Learn: Fall Prevention** *** with Dr. Richard Louis **12:00 to 1:30 p.m.** **Coastal Strummers ♪** **2:30 to 3:30 p.m.**	25 Scheduled home visit and enrolment **Storytelling Workshop Series** **1:30 to 3:30 p.m.** BJM Park building	26 **Afternoon Tea & Talk** **2:30 to 3:45 p.m.** Café Tintamerre at 34 Mallard Drive Sackville	27 **Gentle Chair Fitness Session** **10:30 to 11:30 a.m.**	28
29	30 **Gentle Chair Fitness Session** **10:30 to 11:30 a.m.**		***Unless otherwise noted, events take place at 165 Main Street in the Drew Nursing Home's Coates Lounge.***			