

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			 Please join us for a friendly walk on Wednesdays to help improve your mobility, strength, stability, and overall health. All fitness levels welcome.			1
2  All events take place at 165 Main Street in the Drew's Coates Lounge, unless otherwise noted.	3  Office closed for New Brunswick Day.	4 Scheduled administration and home visits	5 Walk & Wheel Wednesday 10:00 to 11:00 a.m. Meeting at the Waterfowl Park entrance beside the Drew Scheduled home visit and enrolment	6 Tea & Talk 9:30 to 10:45 a.m.	7 Gentle Chair Fitness Session 10:30 to 11:30 a.m. Scheduled home visits and enrolment	8
9	10 Gentle Chair Fitness Session 10:30 to 11:30 a.m.	11 Eye Care Clinic with EyeEssentials & Dr. Marcantonio 9:30 a.m. to 2:30 p.m. Call for more info. and/or to schedule an appointment: 506-924-0023	12 Walk & Wheel Wednesday 10:00 to 11:00 a.m. Meeting at the Waterfowl Park entrance beside the Drew	13 Tea & Talk 9:30 to 10:45 a.m. Scheduled meeting	14 Gentle Chair Fitness Session 10:30 to 11:30 a.m. Scheduled meeting	15 Summer Car Show 10:00 a.m. to 4:00 p.m. Drew parking lot
16	17 Gentle Chair Fitness Session 10:30 to 11:30 a.m.	18 Scheduled home visits and enrolment	19 Walk & Wheel Wednesday 10:00 to 11:00 a.m. Country House & Garden Gathering at Beardsley Grange 2:00 to 4:00 388 Queens Rd Frosty Hollow	20 Tea & Talk 9:30 to 10:45 a.m.	21 Gentle Chair Fitness Session 10:30 to 11:30 a.m. Scheduled home visit and enrolment	22
23/30	24/31 Gentle Chair Fitness Session 10:30 to 11:30 a.m. Rachelle is on vacation this week. Please call Yara this week, as required: 506-364-4900 (ext. 6) or 506-924-0023.	25 Scheduled home visits	26 Walk & Wheel Wednesday 10:00 to 11:00 a.m. Errands Day RSVP: 506-364-4900 (ext. 6)	27 Tea & Talk 9:30 to 10:45 a.m.	28 Gentle Chair Fitness Session 10:30 to 11:30 a.m.	29