

DREW NURSING HOME

NEWSLETTER

Volume 1

Our Vision

Our Vision is a future where our residents and tenants experience life to its full potential.

Our Mission

The mission of The United Church Home For Senior Citizens, Inc. is to ensure the quality of life of its residents and tenants



ALTERNATIVE®

Our Home is on a path to implement a more “person directed” approach to care. After looking at different philosophies of care, we decided to start this Journey!

Dr. Bill Thomas is the Co-founder of the Eden Alternative. Through research, he determined three deadly plagues of the human spirit: LONELINESS, HELPLESSNESS, AND BOREDOM.

Loving companionship is the antidote to loneliness. Elders deserve easy access to human and animal companionship. An elder centered community (nursing home) creates an opportunity to give and receive care. This is the antidote to helplessness. This community and daily life with variety and spontaneity can be an antidote to boredom.

*AND SO BEGAN THE STORY OF THE EDEN
ALTERNATIVE...*

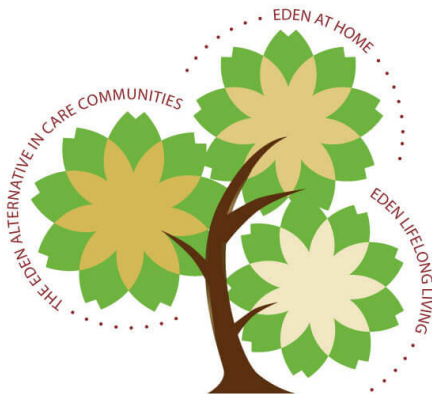
ASSOCIATE TRAINING

To date, the following employees as well as our board Chairperson have attended a three day “Associate Training Course”;

Melanie Colwell, LPN, Jocelyn Daly, LPN, Chad Exley, Environmental Services, Joanne Estabrooks, Food Service Manager, Josiane Girouard, RN, Dominique Gordon-Phelan, Board Chair, Mary Gregoire, Director of Care Services, Amy Johnson, RA, Nicole Lavigne, RA, Yves LeBlanc, Environmental Services Manager, Sylvie LeBlanc, Dietitian, Belinda MacLean, RA, Lori Marsh, RA, Natasha Mills, Activity Coordinator, Mary Mitton, Clerical Support, Dorothy O’Brien, RA, Wendy Price, Food Service, Joceline Roy, Director of Financial Services, Linda Shannon, Executive Director, Bev Strong, RN, Gayle Wry, RN.

These employees are helping with the education/implementation of the Eden Philosophy.

Many thanks to everyone involved for their commitment to this initiative.



CREATING A NEW LANGUAGE FOR THE EDEN JOURNEY

The language we use to describe who we are and what we do defines the care environment. We have decided to start slow with changing some of the language/terms we use here at the Drew. Our first two changes are;



Units – to “**Neighborhoods**”

Admission Process – to “**Moving in Day**” (when possible, it is suggested that families bring in personal items ahead of time for warmth, comfort and homeiness).

“Well-being is a much larger idea than either quality of life or customer satisfaction. It is based on a holistic understanding of human needs and capacities. Well-being is elusive, highly subjective, and the most valuable of all human possessions.”

The Eden Alternative brought together a task force of culture change experts and identified the seven **Eden Alternative Domains of Well-BeingSM**. Together, they serve as a simple framework for asking thoughtful questions that help identify the unmet needs of those we care for:

- **IDENTITY**—being well-known; having personhood; individuality; having a history
- **GROWTH**—development; enrichment; expanding; evolving
- **AUTONOMY**—liberty; self-determination; choice; freedom
- **SECURITY**—freedom from doubt, anxiety, or fear; safety; privacy; dignity; respect
- **CONNECTEDNESS**—belonging; engaged; involved; connected to time, place, and nature
- **MEANING**—significance; heart; hope; value; purpose; sacredness
- **JOY**—happiness; pleasure; delight; contentment; enjoyment

Two of our recent initiatives include;

Companion Animal Program

We have had a companion animal program at the Drew for many years. Pets are encouraged to visit the home and we now have two resident cats to help our residents meet some of these unmet needs. **Jacque and Hannah** recently moved into the Drew and are settling in nicely.



Spa Time



FUNDY SPA

We are renovating the Whirlpool rooms to give our residents a more “Spa like” experience. To date, the Fundy North room has been renovated. We are hoping to renovate one room on the Chignecto neighborhood and the Beausejour neighborhood room this year.

THE FUTURE...

We will continue our journey with the Eden Philosophy, we need to take baby steps and implement small changes.

A goal of our team is to transition from a task focused schedule to more resident directed care. An example of this being “natural awaking”.

Our next step will include an “Open House” for families and friends in the spring.

Feel free to visit the Eden Alternative Website – www.edenalt.org/

Stay tuned for more on this exciting venture!

